

# A Safe Place

Imagine being a parent and living with the knowledge that you cannot keep your child safe. The constant worry, the sleepless nights. The anxiety of always being on alert.

With a voice thick with emotion, Kim, Ben's mother, speaks about the difference the stabilization unit at St. Amant made for her family. Her son Ben was hurting himself and, at 24, found himself hospitalized with self-inflicted bleeding around his brain. This injury led to a hospital stay that lasted more than nine months.

This extraordinary length of stay was not medically needed, but rather caused by a lack of alternative living space that could ensure his safety. She remembers: "I reached out to everyone. I turned over every stone."

This search eventually led her to St. Amant and she is so grateful. "I never thought I would ever have a peaceful night's sleep, but the support we now receive has given me such peace of mind."

The stress of being on the edge of a crisis situation takes its toll; on body, mind and soul. Adding to this heavy burden is the lack of support for families that find themselves at this tipping point.

Mom Tracey also speaks about the peace of mind that came once her son Trey was admitted to the stabilization unit after months of failed alternatives. She recalls the 911 calls she had to make, the terror of not knowing where he was when he would bolt, and the constant sense of unease that hung over the family. Even when

things were calm, no one could predict when things would get out of control again.

"He's thriving now," Tracey says with a smile. "He has a routine, he participates in activities. I don't know what we would have done without this support. I am sure he wouldn't have survived."

Without this service, the people that need this support often wind up in emergency rooms or jails and police lock ups and their families remain in crisis.

St. Amant ensures that families aren't left alone and afraid as they navigate keeping their loved ones safe. We are proud to offer a stabilization service that pulls in all the specialists who have extensive experience supporting people with developmental disabilities in challenging situations.



## BY THE NUMBERS



1426 people living  
in community  
residential homes



104 students in  
the St. Amant  
School



388 volunteers



\$96 million  
operating  
budget

St. Amant is a part of Réseau Compassion Network, a family of 13 health and social services agencies in Manitoba. Entrusted by pioneering women to bring together people of all faiths, traditions and cultures to serve Manitoba communities wherever the needs are the greatest, Réseau Compassion Network is proud to support this important work in our community.



## ABOUT US

# St.Amant

St.Amant is a not-for-profit organization that offers a wide range of programs and services for people with developmental disabilities and autism. St.Amant serves Winnipeg, rural and Northern Manitoba. Programs include residential services within a health & transition facility and a variety of services in more than 100 homes. Community based services also include: respite, a wide-range of clinical supports, early intervention for children with autism, a year-round school, a child care centre primarily serving staff that is also open to community members and a Research Centre affiliated with the University of Manitoba. St.Amant promotes inclusion, community and belonging for all people. They believe that all individuals possess intrinsic worth and should be recognized for who they are created to be. Their values reflect this belief and guide their actions and their relationships with individuals they support, families, employees & volunteers.

The St.Amant Foundation supports the mission and values of St.Amant and is committed to raising funds and supporting the areas of: research, capital renovations, and program enhancements for all individuals supported by St.Amant.



## BOARD DUTIES & COMMITMENTS



The board of directors meets  
six times a year



25 to 45 hours per year,  
depending on the level of involvement  
on committees or the executive

### Network Members

Abri Marguerite | Actionmarguerite | Aulneau Renewal Centre |  
Centre de santé Saint-Boniface | Ste. Rose Health Centre | Centre Flavie-Laurent |  
Youville Centre | Charités Despins | Gestion Providentia | Saint-Boniface Hospital |  
Marymound | Sara Riel | St.Amant | Winnipegosis & District Health Centre



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